



# SOLO – POPEYE RACE



**FORD YACHT CLUB**  
 29500 S. Pointe Road  
 Grosse Ile, Michigan 48138  
 USA

**Sunday**  
**July 11, 2010**

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Join us for this traditional race... all you need is yourself and your boat. This is a single-handed event, which is always a good way to rejuvenate your adventurer spirit!

This race is sailed in the open waters of Lake Erie, a good course that is sure to provide some good tacking and gibing action. In the event of light wind, the course will be shortened so that you will be back at port in time for an afterglow on the FYC lawn.

## SAILING INSTRUCTIONS

**RULES.** Except as modified by the sailing instruction, the sailing and management of the race will be governed by the Racing Rules of Sailing (RRS), the prescriptions of the US Sailing Association, and the rules of the PHRF-LE class. In addition, note the following special rules for the race:

1. Outboards may not be removed.
2. The yacht must have lifelines or jack-lines.
3. A life jacket or harness must be worn at all times.
4. Mandatory Coast Guard safety equipment is required.

**ENTRY.** This race is open to all single-hulled yachts that are members of a yacht or sail club. The entry fee is \$30.00; members of US Sailing will receive a \$5.00 discount. If the race is canceled by the race committee prior to the start of the last class, entry fees will be refunded. A completed entry form, PHRF certificate and entry fee must be received at Ford Yacht Club, in the race committee box located in the foyer, or online entry.

### SCHEDULE OF RACE.

There will be a Skippers meeting at 11:00AM at the Peg Spriggs Pavilion near the gin pole, the day of the race.

| Class       | Shape                 | Time       | Sound |
|-------------|-----------------------|------------|-------|
| Warning     | Yellow up             | 12:55 p.m. | Horn  |
| Jam- start  | Yellow down, White up | 1:00 p.m.  | Horn  |
| Spin- start | White down            | 1:05 p.m.  | Horn  |

This is the projected sequence of the starts and times. We will not start the sequence until all registered boats are in the starting vicinity. If the number of entries is large enough, class splits will be in effect, but there will be only two starts.

**COURSE.** Boats use the WNATR course sheet utilizing the fixed buoys set in the Canadian waters east of the Livingston Channel. Length of the course will depend on wind conditions and will be displayed by the race committee before the start of the race using the WNATR course numbering system. Special note: all skippers should be aware of shallow water West of the shipping channel, and of shipping traffic.

**START AND FINISH.** The start and finish will be between the mast or staff displaying the R/C flag on the Committee Boat and the WNATR “C” (42 01.18 N 83 06. 48 W) buoy, except as provided in the case of a shortened course. If a protection mark is present, it must be honored.

**SHORTENED COURSE.** A shortened course will be in effect if, in the judgement of the Race Committee, the race will not be completed in a reasonable amount of time. The finish line for a shortened course will be designated by the presence of the R/C Boat, flying a red shape at a mark of the course. The rated distance of the course will be adjusted to reflect the change.

**PROTESTS.** Protests must be filed in writing on an official protest form and submitted to the Race Committee within two hours of the return of the Race Committee Boat to the FYC grounds or of the return of your yacht to the dock, whichever time is longer. Protesting yacht shall notify the Race Committee, upon finishing, of their intent to protest. Include sail number(s) or other identification of the yacht(s) being protested.

The Two Turn rule, RRS #44.2 is modified so that a 360° Turn Penalty is acceptable to exonerate oneself from a violation of the RRS part 2 rules.

**SCORING.** Low Point Scoring System as listed in rule A4 will apply.

**RADIO COMMUNICATIONS.** The Race Committee will monitor VHF channel 71. Any yacht that withdraws from the race shall contact the Race Committee boat by any means including using VHF channel 71.

**JAM YACHTS.** Yachts may fly only one headsail at any one time and that sail may be no larger than the largest headsail registered. If boat has 2 head sails, Cutter design this will be allowed. Whisker poles may not be longer than the yacht's "J" dimension.

**CREW.** This is a solo race! The maximum number of crew is 1, including the skipper. The skipper is the crew!!

**SELF-STEERING MECHANISMS.**

A self-steering mechanism will be allowed as long as it is not connected to any navigational aids and/or electronics.

**AFTERGLOW.** There will be an afterglow on the Ford Yacht Club grounds upon the return of the Race Committee Boat. Beverages and snacks will be provided to the participants. There will be a nominal fee for Non-participants. All who have entered are welcome to moor their boats in either harbor after the race for the afterglow. Please contact the Ford Yacht Club Harbor Master via VHF channel 69.

**AWARDS.** The announcement of the winners will be at the afterglow. Flags and awards will be presented, based on the number of starters at **FYC Awards night, November 20, 2010**